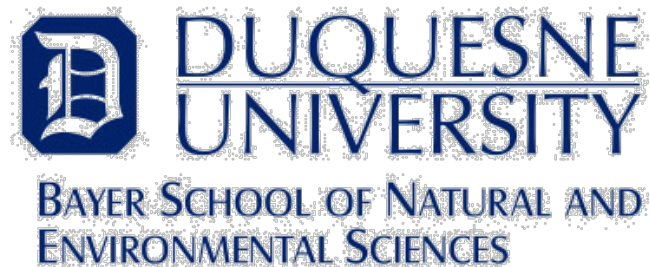


Student Advisory Safety Committee



Duquesne University
Department of Chemistry and Biochemistry



Safe Working Habits...
Wash Your Hands!

Hand Washing

WASH YOUR HANDS before leaving the laboratory and periodically while working (even if you are wearing gloves).

- Prevent transfer of chemicals to other parts of the body
 - That penetrated through gloves
 - From contaminated protective clothing

If taking a break from lab work, WASH YOUR HANDS!

- Getting a drink
- Eating lunch
- Using the restroom
- Going into the office
- Going to a different laboratory

- Flu season: Washing hands prevents the spread of germs

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Proper Hand Washing

Wash Your Hands!



1 Wet Hands



2 Soap



3 Wash for 15 seconds



4 Rinse



5 Dry



6 Turn Off Water with Paper Towel

 Interior Health

Provided by University of Nebraska-Lincoln Extension in Lancaster County
and the Lincoln-Lancaster County Health Department

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